

#### CLASSICAL MUSIC TRAINING

- ❖ University of Georgia – Bachelor of Music – 1977
- ❖ New England Conservatory of Music – Graduate Studies – 1978
- ❖ Fontainebleau Conservatory – Summer Programs – 1987 & 1988
- ❖ Ernen Musikdorf, Switzerland – Summer Program – 1991
- ❖ Private Flute Instruction with: Warren Little, Marcel Moyse, Samuel Baron, Lois Schaefer

#### CLASSICAL MUSIC PERFORMANCE

- ❖ Macon Symphony Orchestra – Principal Flute – 1984 – Present
- ❖ Atlanta Symphony Orchestra – Sub and Extra Flute – 1985 – 1993
- ❖ Atlanta Boy Choir – Flutist and Administrative Assistant – 1985 – 1988
- ❖ Phantom of the Opera Orchestra – Principal Flute, National Company – 1994 & 1997
- ❖ Atlanta Woodwind Quintet – Flutist – 1983 – 1991
- ❖ Greenville Symphony Orchestra – Flute and Piccolo – 1992 – 1994
- ❖ Rome (Italy) Festival Orchestra – Principal Flute – Summer 1992

#### CLASSICAL MUSIC TEACHING

- ❖ Spelman College – Flute Professor – 1997 – Present
- ❖ The Lovett School – Flute Instructor – 1992 – Present
- ❖ Sizzlin' Summer Flute Camps – Flute Instructor, Co-Director and Founder – 1995 - Present
- ❖ Berry College – Flute Instructor – 1993 –1995

#### SOUND THERAPY TRAINING

- ❖ Harmonic Presence – “Harmonic Chant” – David Hykes – New York City, 2006
- ❖ Acutonics – “Acutonics Tuning Fork Therapy Level I” – Gail Byrnes – Boston, 2004
- ❖ SoulWind – “Usui Reiki Intensive” and “Karuna Reiki” – Phil VandeRiet – Atlanta, 2001
- ❖ The Healing Voice – “Overtone Chanting”, and “Healing Family & Ancestors: Ritual & Resonance” – Jill Purce – London, 2000
- ❖ BioSonics – “BioSonics Tuning Fork Therapy”, “Sound School Intensive” and “Polarity Therapy” – John Beaulieu, ND, PhD, – 1998 & 1999, New York
- ❖ Sound Medicine – “Voice Harmonics” and “Vibratory Signature” – Levels I & II – Wayne Perry – 1997 & 1998, Los Angeles

#### SOUND THERAPY PERFORMANCE

“Beyond Space & Time” – directed and performed with SOS Crystal Bowl Choir for International Sound Therapy Association, Atlanta, GA – August 2009

“Sacred Sound, Sacred Space” – directed and performed with SOS Crystal Bowl Choir for International Sound Therapy Association, Atlanta, GA – August 2008

“Green Man and the Goddess” – created and performed with Susan Elizabeth Hale, intuitive singer and Chuck Cogliandro, percussionist – Atlanta, GA – March 2007

“Ancient Harmonic Temples” – directed and performed with SOS Crystal Bowl Choir for Cymatherapy Conference, Atlanta, GA – September 2007

Spiral of Sound Crystal Bowl Choir – Founder, Artistic Director and Composer – 2006 – Present  
Players sound an ensemble of 10” – 24” translucent white crystal bowls which are placed in layouts that outline archetypal symbols. The interval ratios in the music mirror the visual ratios of the symbols to create multi-dimensional meditations for relaxation, stress-relief and heightened states of awareness. Perform at wellness centers, churches, conferences, festivals.

“Autumnal Sound Healing Concert” – presented with pianist, Gordon Porth for International Sound Therapy Association, Atlanta, GA – October 2005

“As Above So Below, A Healing Journey through the Elements” – created Compact Disc – 2002, performed and recorded with pianist, Gordon Porth

## SOUND THERAPY LECTURES AND WORKSHOPS

“Spiral of Sound Workshop – the art and science of sound therapy” – 2004 – 2010 – presented in varying formats from an hour presentation to a 3-day workshop for:

*The Georgia Dowers Club, The Wellness Center, The Mind-Body-Spirit Expo, Unity North Women’s Retreats, Absolute Wellness in Atlanta, The Heal Center, Atlanta Complementary and Alternative Medicine Association, Harmony Learning Center, Jumping Water in Charleston and Holistic Therapies in Schenectady.*

“Stress-Relief: A Sound Prescription” – presented for The Society for the Arts in Healthcare, annual conference, Buffalo, NY – April 2009

“Interval Archetypes: the Harmonies that make us Whole” – presented for Cymatherapy Conference, Atlanta, GA – September 2008

“Polarity Therapy: A Sound Transformation” – presented for International Sound Therapy Association, Atlanta, GA – April 2007

“Sacred Temples, Sacred Bodies” – presented for Cymatherapy Conference, Atlanta, GA – September 2007

“The Frequency of Five” – presented for Cymatherapy Conference, Atlanta, GA - October 2006

“Sound Healing Within: Toning and Overtone” – Part III of a 3-part series presented for International Sound Therapy Association, Atlanta, GA – April 2006

“Gateways of Sound Healing: Tuning Forks” – Part II of a 3-part series presented for International Sound Therapy Association, Atlanta, GA – March 2006

“Vessels of Sound Healing: Crystal & Tibetan Bowls” – Part I of a 3-part series presented for International Sound Therapy Association, Atlanta, GA – February 2006

## PROFESSIONAL AFFILIATIONS & HONORS

- ❖ Member of Society for the Arts in Healthcare
- ❖ Member of American Federation of Musicians
- ❖ Member of National Flute Association
- ❖ Member (founding Board member) of International Sound Therapy Association
- ❖ Member of High Museum of Art and Ogelthorpe University Museum of Art
- ❖ Member of Southern Artistry – artist registry, nominated 2010
- ❖ Member of Georgia Council of the Arts – touring artist roster, awarded 2010-2013
- ❖ Member of Southern Arts Federation

